

Lakeland Orienteering Club

Kendal Local Event – Low Park Wood, Sedgwick nr Kendal

Saturday December 5th 2009

Registration available from 12:30pm – Courses from 1:00pm, with all competitors returned to registration/finish by 3:30pm

An event for newcomers, beginners or more experienced orienteers. Juniors are welcome if accompanied by adults

£3.50/£1.50 entry fees. Electronic Punching, 1:5000 map with 2.5m contours, variety of courses up to about 4km at the longest

The woodland is totally enclosed by fields with plenty of paths in the undulating wood

Parking (GR 508 875) is at Low Park Wood approached from the roundabout junction between the A590 and the A591, 5 miles south of Kendal. Take the east exit towards Sedgwick and after 200m turn left on the lane to follow the river bank to the Caravan Club Site

Many thanks to SROC who have allowed us to use their area which is being used for their NW Night League competition later in the afternoon/early evening

Organiser Steve Buckley 01539 563606 (email steve.buckley770@BTinternet.com)