



SROC—*The Red Rose Orienteers*
Invite you to our
North West Night League event
at
Williamson Park & University of Cumbria
Saturday 22nd November 2014

Venue: The Park Hotel, 1 St Oswald Street, Lancaster, LA1 3AS. Registration, download, food available.

Directions: 300m East (along Bowerham Road) of the major roundabout on A6 to the south of the city centre. On street parking close to the pub.

Times: Registration opens 5.30 Starts 6.00-7.00. Courses close 8.30.

Courses: Blue 5.0km, Green 3.7km and Orange 2.4km.

Start/Finish: 200m to start, finish adjacent to the pub.

Fees: Adults £5, M/W20- £2. SI card hire £1. No BOF discounts.

Terrain: Intricate urban on the UoC campus, complex contours and large crags in Williamson Park.

Maps: 1:3000 ISSOM symbols. Printed back to back.

Safety: There will be a marshalled road crossing between the two areas, with a timed-out section both ways. Beware of the large crags, some are not fenced. You must report to download even if you retire. Studded shoes recommended.

More details on the website www.sroc.org, or contact Chris Roberts: results@sroc.org.