



# Nicky Nook Level C Event Sunday Apr 28th 2013

## Venue

Car Parking and Assembly at Grid Ref SD525495, (Post Code PR3 1DA).

Approach the area from the A6 just North of Garstang. Turn to the East at Grid Ref 490471 and head for Scorton Village. The event will be signed from the centre of Scorton Village (GR 502487). Take the minor road which is very narrow in places towards the east from the centre of the village. After about 1km turn left and after a further 1.5km turn right.

You are encouraged to use the Wyresdale Tea Rooms afterwards for food and drinks which is signed from the narrow road to the east of Scorton.

## Car Parking

If conditions are dry we will be parking on farmland. In the event of wet conditions underfoot car parking will be very limited and we will have to use the farm yard and lane. Car users are urged to share transport. Perhaps leave a car in Scorton village – **the motorway bridge** on the narrow lane out of Scorton is also suitable. Parking charge will be £2 for single occupancy and £1 for others to try to encourage users to share.

## Safety

Whistles and full leg cover are compulsory. If the weather is poor a cagoule is advisory as the area is exposed in places.

If we use the farmyard please be aware of E. coli risk etc. Clean your hands before eating.

**Start and Finish** – the start will be 1km from the car parking with the finish about ½ km away along a level track.

## Courses

COURSE	LENGTH	CLIMB	CONTROLS	Difficulty
Yellow	1.8Km	80m	8	Easy
Orange	3.0Km	120m	11	A little harder than yellow – all controls close to line features
Light Green	3.6Km	170m	10	More technical
Green	4.4Km	205m	10	Technical
Short Blue	5.3Km	235m	12	Technical
Blue	6.3Km	275m	14	Technical

**Map:** The map for all courses is 1:10,000 with 5m contours. The map has been partially updated recently by SROC members. The legend will be printed on the back of Yellow and Orange maps and will be printed on the back of blank maps in the start lane, but will not be on competition maps for Light Green to Blue.

**Special features:** There are some man-made features marked on the map using special symbols. A black circle has been used to mark a shooting but, a black cross has been used to mark benches and a green post has been used to show a significant wooden post. There are a number of (fixed) small square fences shown on the map as small black unfilled squares. Moveable enclosures and pheasant / stock feeders are not marked on the map.

**Description sheets:** Loose description sheets will be available in the start lane – text descriptions for Yellow and Orange, pictorial for all others. Control descriptions will also be printed on the map.

**Crossing points:** There are a number of walls and fences on the area which must be crossed ONLY at crossing points marked on the map (with the exception of walls marked as ruined on the map). The crossing points are mostly stiles and gates which will probably be locked so should be climbed with care, if they open they should be left as you find them.

Additionally there are three improvised crossing points all of which will be marked on the ground with red / white tape and affect competitors on Light Green, Green, Short Blue and Blue courses.

**Terrain:** The terrain is generally runnable with some very fast grassland areas. There are some steep areas with variable amounts of rhododendrons and bracken, but with the late Spring there is no bracken growth to impede progress.

**Sport Ident** punching will be used. There is a 50p hire charge if you do not own your own. A fee of £30 will be charged for the loss of a hired e-card. Competitors must download on finishing their courses.

**Entries:** Entry on the Day only. We will endeavour to have enough maps available on the day. If there is an unexpected rush then we may have to recycle maps from competitors who have finished their runs.

**Entry Fees:** - Seniors £8, Senior BOF Members £6, Juniors £3, Families £19, BOF Member Families £15. Families going round as a group £8 in total.

**Registration –** 10.00 – 12.00

**Starts** - 10.30 – 12.30 Courses close by 2.30pm

**Dogs:** - Strictly No dogs even in the parking area - lambing time

**Enquiries:** - General enquiries to organiser Dave Hargreaves 07821105928  
(davehargreaves07 (AT) btinternet.com).

**Planner:** - Jane Anthony & John Brewer (SROC)

**Controller:** - Alex Finch (SROC)