

Orienteering - a sport for LIFE...



It's more adventurous than any computer game and more exciting than the TV!

It's Orienteering!

Why not bring your whole family for some fun at any or all of these events. Don't tell the kids it's healthy exercise - they won't notice - they'll be too busy solving problems, taking decisions, and **HAVING A GOOD TIME.**

LOC present a Special Come-and-Try-It session in April, followed by a series of family-friendly evening events around the South Lakes from the end of May to early July.

Special Come And Try It Day

April 26th - Cartmel - 10.00 til 3.00. Please phone number below to book yourself in...

Summer Evening Series

(all start 5.30 to 7.00)

May 28th - South Stickle, Duddon Valley

June 4th - Seatte Woods, near Cartmel

June 11th - Orrest Head, Windermere

June 18th - Grizedale East, Satterthwaite

June 25th - Dockney Parrock, Colton

July 2nd - Kendal Castle

Please check out the web site...

www.lakeland-orienteering.org.uk,

phone: 01229 861507

email: summer@lakeland-orienteering.org.uk

