

Welcome to the 7th New Year Cracker!

Please complete form below and bring with you

Directions 10 Miles from Junction 34 of the M6. Signed from GR 586679 (Butt Yeats) on B6480.

Over printed courses. Electronic punching.

Fees £4 .50/£2.00, parking at Middlewood farm £1.00.

Organisers: Martyn and Sue Roome martyn@adasmroome.demon.co.uk 01995 603885. Check the SROC website at www.sroc.org in case of bad weather.

Parking –this is very limited – please share transport

Parking at GR 600652.

The private road down to Middlewood Farm from the public road is not recommended for low slung sports type cars, large people carriers or nervous drivers! If you fall into one of these categories then please park on the public road as directed. You will be 5 – 15 minutes from registration, which itself is 10 minutes from the start. It will be best to come ready changed to start; you can leave car keys and change at registration.

The road **is** suitable for normal cars (and drivers!) but you use at your own risk – it is used routinely by such vehicles visiting the farm. It is very good apart from one point where there is a small “step” where the concrete changes to an unpaved section. This is more awkward coming back up than going down (keep to the left or right of the road at this point, to minimise the step).

If we fill up the parking at the farm, later arrivals will be parked on the public road (please see above).

Starts 12.00 to 1.00pm (earlier if split starts needed).

Courses available (please note: there will be no string course):

Short Easy (Suitable for beginners and the less experienced) - **2.6 Km 90m** climb (get map when registering)
(Prizes for first M14- and first W14-)

Short technical **2.6Km 130m** (Prizes for first M18-, W18-, M55+ and W55+)

Long technical **5.1Km 220m** (Prizes for first male and first female)

Also prize for best Newcomer/Novice. **Prizegiving at 2.15pm.**

Entry fees and procedure:

If you are new to Orienteering just come to Registration and ask - we will be very glad to help you!

Please complete the details (as far as you can) on the Registration and Safety Card, hand it to Registration and pay (per e card, not per person)£4.50 for adults and £2.00 for Juniors, e card hire free (£20 charge if lost, so please don't!). You will receive a loose description sheet (they are also on the map).

Start This is a 10 minute walk from Registration – follow red/white streamers. Start times given at start. Toilets: These are a 5 minute walk from Registration on the way to the start.

Safety notes: Some of the slopes can be slippery if the weather has been wet. The top of one high crag to the south of control 1 on the Long Tech course has been taped off with yellow/black hazard tape – do not cross.

You must download even if you retire.

| South Ribble Orienteering Club Registration and Safety Card | | | | |
|---|-----------------------|----------------------|--|----------------------|
| Registration | BOF member? | Yes / No | BOF number if applicable | <input type="text"/> |
| | SI card number | <input type="text"/> | SI card registered in your name? | Yes / No |
| | Name | <input type="text"/> | | |
| | Age Class | <input type="text"/> | e.g. M10, W55 | |
| | Club | <input type="text"/> | Club, school or scout group. If none put "IND" | |
| | Course | <input type="text"/> | e.g. White, Yellow, Orange etc | |
| Safety check | Car Reg Number | <input type="text"/> | Your data will be held on computer file for purposes of event organisation and for your safety. If you do not wish to be contacted to inform you of future club activities tick here. <input type="checkbox"/> | |
| | Did you travel alone? | <input type="text"/> | | |
| | Telephone number | <input type="text"/> | | |